

TELETHERAPY FAQ'S

MAY 4TH, 2020



WHAT IS TELETHERAPY?

Teletherapy is a live 'virtual' session with a licensed Speech and Language Therapist in your own home through a computer.

WHY SHOULD YOU CHOOSE TELETHERAPY FOR YOUR CHILD?

Seeing your child on a regular basis is the best way for them to make progress on their goals. While our clinic is closed, teletherapy allows your child to continue receiving therapy. Research has shown that teletherapy is an effective way to deliver services to children and when implemented correctly can have equal outcomes to face-to-face interventions.

WHAT EQUIPMENT DO I NEED?

You will need a computer with a microphone and camera; a high speed internet connection; a location where your child can work relatively undistracted; and an adult facilitator/older sibling to set up the computer, assist with technical difficulties and/or keep the child on task. You will receive an email with a link to the session in advance.

WHAT IF MY CHILD IS TOO YOUNG OR WON'T PAY ATTENTION?

Not a problem! Our therapists will use their training and skills to meet your child where they are. By teaching you strategies, you will be able to help facilitate the session to make sure it is productive. A child needs practice on their speech and language skills daily if they are to make progress. Being an active participant in the session means you will have the skills to help them at your fingertips. If you're still not sure, we suggest giving it a try before making a final decision - you never know!

WHAT IF OUR SCHEDULES ARE TOO BUSY?

Schedules are always busy. Some things never change! However, teletherapy gives us more flexibility to find a time that works for both of us. We work with you to find a time that works best for you.

WILL MY INSURANCE PAY FOR TELETHERAPY?

We are an out of network provider for all insurances with the exception of Kaiser, however we are finding that the majority of insurance providers are covering teletherapy services at this time.

WHAT TO DO NEXT?

We look forward to meeting you virtually. Contact us at 408 612 8877 or kathryn@morganhillsspeech.com to get started.

[Follow us on our Facebook page](#) for more ideas on how to work with your child at home.
